

Sciurus Novus 27.09.2024



Dear Families

Despite the rainy weather, we've had another wonderful week of learning at Lanesend.

It's lovely to see how all the children have settled in so well. From the youngest children in Butterflies and Ladybird class to our oldest children who will be looking ahead at their choices for their next school. I am so proud of all the children when I visit classrooms. It's so wonderful to see how focused children are with their learning and their books show such care and pride. The dedication and commitment of Team Lanesend is fabulous and we are so lucky to have such supportive families too. Thank you!

Get Involved!

Thank you to everyone who joined us for the PTFA (Parents, Teachers and Friends Association) meeting on Thursday. There were many of you who expressed interest in joining so please do see later in the newsletter for more exciting news about how you can be involved. Thank you too to those parents/carers who have shown interest in becoming a governor. The closing date is today so it's not too late!

Lunches:

Family Lunches are back! Please see later in the newsletter for details. You will be able to taste our new lunches for yourself.

Views on Relish lunches were largely positive with the improved quality of food being noted. The daily 'baguette' and jacket potato option is missed by several children and there were some options, such as burgers, that were missed. There are some of you who are still finding the booking system a barrier to

booking a lunch so please do get in touch so we can help or contact Relish directly. We will share the views you have shared with Relish to look at how we can make lunches even better. As this was an anonymous survey, if you would like direct feedback, please do get in touch.

Trips and Swimming:

This year, swimming will be for Years 1, 2 and 3 and will begin after Christmas. You will receive further details nearer the time about dates for each year group. Swimming continues to be a really important part of the curriculum we offer and but we also need to make sure that there is sufficient time to give all curriculum subjects the time they need. This is why we are reducing the number of year groups going swimming to three and have focused on the younger years where the most rapid progress is made. In line with the updated Charging and Remissions Policy which you can find on the website, we will be asking for voluntary contributions to pay for the swimming lessons. The cost of the lessons is a significant reduction on the cost of lessons which you could book directly. Whilst we have made provision in the budget for a contribution towards swimming, the budget does not allow for three year groups to be covered. We very much hope that families will continue to make the voluntary contributions otherwise we will have no choice but to review the amount of swimming we offer. We hope that our families are in support of this so that we can maintain our swimming offer.

Dance Live:

It's back! A letter is being sent today to Years 4, 5 and 6. We have reduced the numbers of children's places to 60. This means that, if we were fortunate enough to be offered a place in the finals, we would all be able to fit on a coach and go! We are no longer offering this to Year 3 as this was very challenging for younger children with the commitment they need to make and the very late night.

Share Your Views:

Thank you for responding to the questionnaire we sent out to explore views on our 'shoes off' policy and lunches. The right decision will take time to reach and our next stage is to ask the children for their views.

We really value your feedback and views. It's lovely to receive emails which share positive feedback but we also really appreciate emails where you are sharing your concerns as this gives us the opportunity to improve what we are doing and to resolve things that have gone wrong. Did you know? Ofsted's Parent View can be used at any time to share your views on our wonderful school. You can register and share your feedback on [Welcome to Ofsted Parent View | Ofsted Parent View](#). Thank you!

Three important dates for your diary:

- **Thursday 3rd October is Census Day.** This is a crucial day for funding for schools as the number of children in school as well as the number of children who choose a school dinner, impacts on how much funding we receive next year. The menu for this day will be Fish and Chips (as this is the children's favourite school lunch!): It is the perfect opportunity for every child to try a school meal so please do book if you can.
- **Thursday 10th October,** we have our first Open Evening, 6 –7pm for our new intake for 2025/26. Please do come along if you have a child who will be due to start and share with families and friends.

- **Wednesday 16th October** is our first Parents' Evening. This will run from 1:40 – 7:00pm in 10 minute slots. Bookings for this will be available shortly.

Do take a look at the rest of the newsletter! There are some important features such as our newly launched PTFA and Family Lunches.

We hope you all have a wonderful weekend and look forward to welcoming you back on Monday.

Best wishes

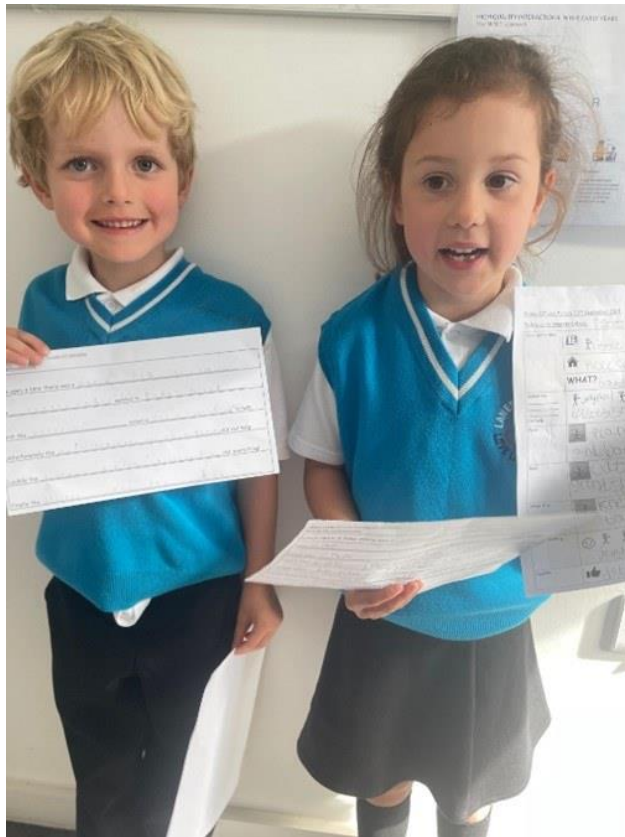
Mrs Sutton

Celebrations in School





1 - Our wonderful KS1 children in their Celebration Assembly today. Well done all.



2 - Dotty and Jake with their fantastic Talk for Writing. Mrs. Napier awarded them Golden Tokens for the pride shown.



3 - Matilda has been loving her learning all week. What a superstar; we love it when she shares her good ideas.

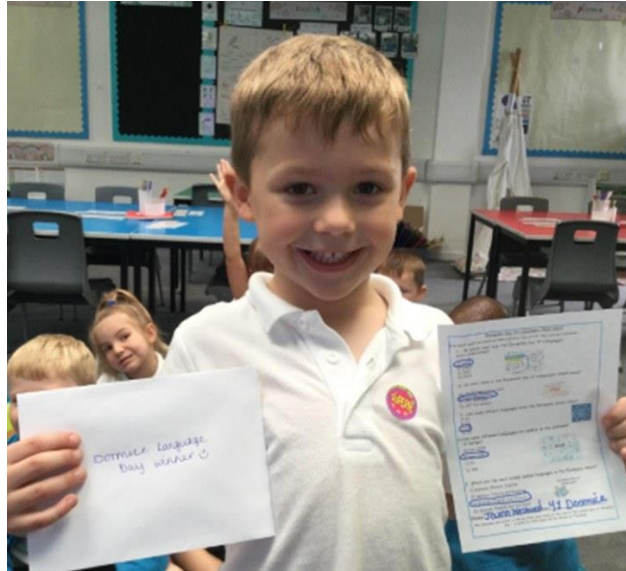


4 - Elena got a golden token for exceptional manners, confident celebrating of linguistic skills during European Day of Languages and excellent letter writing practice in Discovery Time.

Well done Elena.



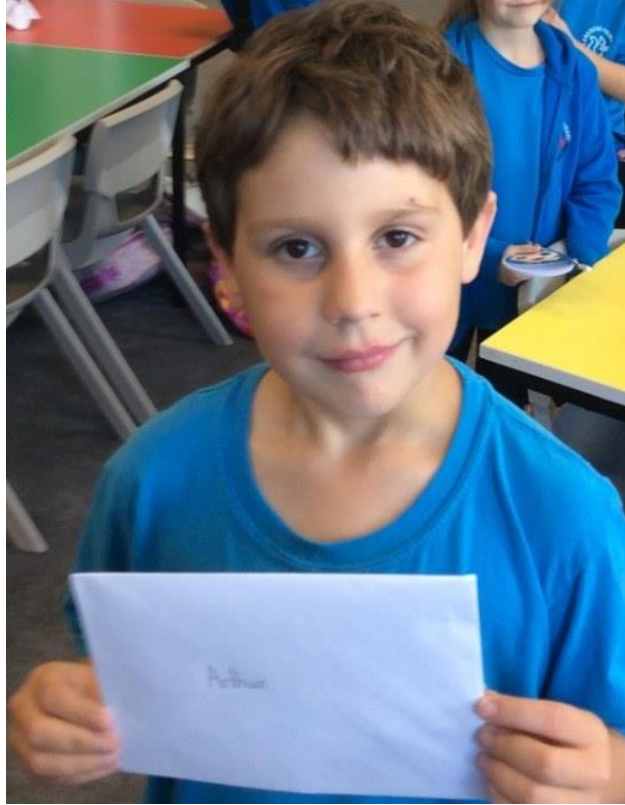
5 - Alby won our European Languages Day Quiz



6 - Jaxon won our European Languages Day Quiz



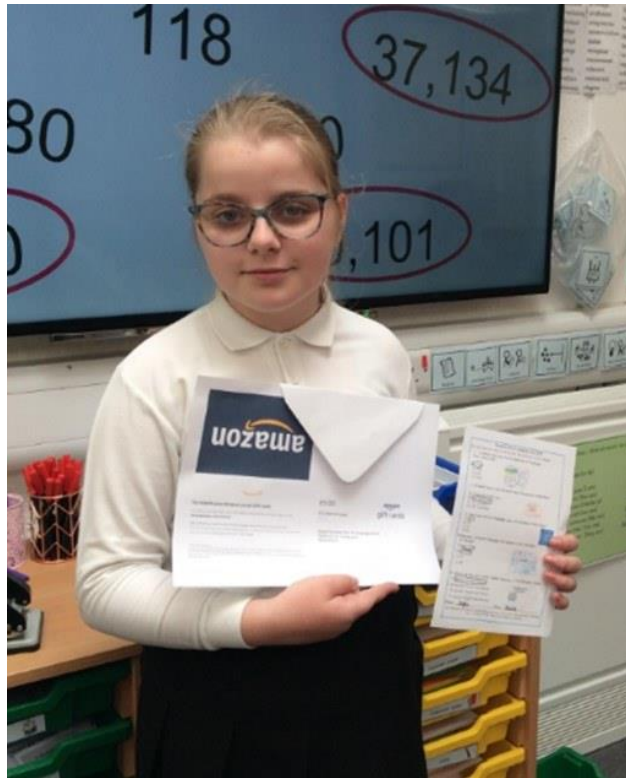
7 - Lois won our European Languages Day Quiz



8 - Arthur won our European Languages Day Quiz



9 - Harrison won our European Languages Day Quiz



10 - Sofia won our European Languages Day Quiz



11 - Our wonderful boys and girl's football team at their match against Queengate Primary School on Thursday. Well done Team Lanesend!

House Points!



Earth lead the way in our House Points this week. Fire still pipped the lead for the term though but it is close at the top! Who will win next week's total?



12 - This week's House Points



13 - This term's totals

Wandling on a Wednesday - Reception Families



We would love to invite our current Reception families into school to join Mrs Domoney for some sessions about our phonics scheme 'Little Wandle'. These are open sessions with no need to book, just pop along!

Wandling on a Wednesday – open session, all are welcome in school starting Wednesday 2nd October with Mrs Domoney 3.15pm-4pm





Open Evening for New Intake 2025!



We are holding our first Open Evening on Tuesday 10th October 6pm-7pm. If you know of anyone due to start school in September 2025 please do pass this onto them. Team Lanesend cannot wait to meet you all!



The poster features a dark blue background with white and red text. At the top left, a circular inset shows three children in blue school uniforms. The main title 'LANESEND PRIMARY SCHOOL OPEN EVENING' is in large white letters. Below it, the motto 'LOVING, LEARNING AND THRIVING' is in red. A paragraph of white text provides details about the event. The date and time 'THURSDAY 10TH OCTOBER 2024 AT 6-7 PM' are in large white letters, with the address 'Lanesend Primary School, Love Lane, Cowes, PO31 7ES' below. At the bottom left is the school logo, a red squirrel holding a nut, with 'LANESEND PRIMARY' written in a semi-circle above it. At the bottom right, another circular inset shows three children in blue uniforms outdoors.

**LANESEND
PRIMARY SCHOOL
OPEN EVENING**

LOVING, LEARNING AND THRIVING

We would love to welcome you to Lanesend Primary School. Come and take a look at all we have to offer at our exceptional school. There is no need to book, simply pop along and see all of the amazing things on offer at Lanesend Primary School. If you would like a personal tour at another time, please email admin@lanesendprimary.co.uk.

Team Lanesend are looking forward to meeting you!

THURSDAY 10TH OCTOBER 2024 AT 6-7 PM

Lanesend Primary School, Love Lane, Cowes, PO31 7ES

LANESEND PRIMARY

Important - Attendance Update Reminder

Working Together to Improve School Attendance

Here is an overview of the changes to the way schools and local councils are working to improve school attendance:



Being in school and having the best attendance possible underpins all the many benefits of school for your child, such as their learning, wellbeing and wider development. For some children, attending school every day will be harder than for others. This is why schools and local councils are committed to working together with families to solve problems and support your child's school attendance.

New guidance to schools and local councils mean that children will be better supported to be in school and attend regularly.

The Department for Education has amended the framework for the issuing of penalty notices in relation to unauthorised absence. Whilst it is expected that schools support families, if the support is not engaged with, schools will be able to apply for penalty notices to be issued to families for unauthorised absence. This may be due to children arriving significantly late to school, schools not being informed of the reasons for a child being absent, or schools not agreeing with the reason for the absence. In the event of unauthorised holidays in term time, the support element would not be offered.

In addition, the cost of Truancy Penalty Notices is rising to £160 per parent, per child (reduced to £80 if paid within 21 days for a first incidence). If a second penalty notice is issued within a rolling three-year period the notice will be at the £160 rate. No penalty notice will be issued for a third time. In that event the absence would be considered for prosecution.

For more details please click [here](#).




TRUANCYPENALTY NOTICES(TPNs) FOR SCHOOL ABSENCES ARE CHANGINGFROMSEPTEMBER!

- Schools will offer support for families regarding absences.
- Cost of TPN's will increase.
- Escalation process for repeat absences .

Click the link or scan QR Code for further info.

[Changes to School Absences](#) – [The Education Hub \(blog.gov.uk\)](#))



Dates for the Diary



- Monday 30th September - 7pm - Dance Live Sign Up goes live on Arbor
- Tuesday 8th October 2024 - Dance Live Rehearsals - Years 4, 5 and 6 - sign up live Monday at 7pm
- Thursday 10th October 2024 - Open Evening for Reception starters 2025 - 6pm-7pm
- Wednesday 16th October 2024 - Parents Evening - more details of how to book next week!
- Thursday 17th October - Next PTFA meeting 3:00pm - 3:30pm
- Thursday 17th October - YR Phonics/Family meeting 5.30pm-6pm

		WEEK 2				
Choose from...		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Stir Fry	Chicken Stir Fry	Beef Bolognese	Roast Chicken	Turkey Chili Tacos	Jumbo Fish Finger
	to go with Steamed Rice	to go with Homemade Garlic Bread, Spaghetti, Mixed Salad	to go with Broccoli, Carrots, Roast Potatoes, Gravy	to go with Mixed Veg, Sunshine Rice	to go with Baked Beans, Chips, Peas	
Vegetarian	Vegetable Stir-fry	Vegetarian Bolognese	Quorn Roast	Roasted Vegetable Tacos	Quorn Sausages	
	to go with Steamed Rice	to go with Homemade Garlic Bread, Spaghetti, Mixed Salad	to go with Broccoli, Carrots, Roast Potatoes, Gravy	to go with Mixed Veg, Sunshine Rice	to go with Baked Beans, Chips, Peas	
Combo	Pasta	Jacket Potato	Pasta	Wrap	Jacket Potato	
	to go with Mixed Veg with choice of fillings Homemade Tomato & Basil Sauce	to go with Sweetcorn with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	to go with Mixed Veg with choice of fillings Homemade Tomato & Basil Sauce	to go with Herby Rice, Mixed Salad with choice of fillings Grated Cheese, Ham Salad, Tuna Mayo	to go with Sweetcorn with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	
	Fresh Fruit Salad	Cocoa Brownie	Carrot Cake	Apple & Cinnamon Pancakes	Strawberry Iced Smoothie	
...and to finish!	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	

14 - Week commencing 30.09.2024 we are on week 2 of the menu. Please book your child's meals from home on Relish. Thank you in advance.

Our newly launched PTFA!

Join the PTFA!



On Thursday morning we held our first PTFA meeting in school. Thank you so much to all the families who came! It was so lovely to talk all things fundraising, events and chat through ideas with you all. We are planning a Christmas Fayre as our first PTFA run event and already have so much we would love to do for the children and to raise vital funds for our school projects.

The next meeting is Thursday 17th October 3pm-3.30pm in school. If you want to find out more please pop along. Even if you cannot make every meeting your input is so valuable to us. Thank you all!

Families in for Lunch - Autumn Term



We cannot wait to welcome families back in for lunch with the children. Here are the dates for this term. Please ring the office on 293233 to book and pay at the time of booking to secure. Thank you.

Families into Lunch - Autumn Term

Week Commencing	Year Group
7th October	6
14th October	5
4th November	4
11th November	3
18th November	2
25th November	1
2nd December	R

15 - Here are the dates for each Year Group.

Become a Parent Governor at Lanesend



We would love to hear from you if you would like to join our dynamic Governor's team and become a Parent Governor! Please contact cpevreal@lanesendprimary.co.uk for more information or for an application form.

Dear Parents,

Vacancy for Parent Governor

We are writing to invite parents to apply for the vacancy we have on our local governing body for one parent. To be eligible to apply you must be a parent to a current pupil at Lanesend Primary School and over the age of 18.

What is involved?

Parent governors play a very important role in keeping the local governing body aware of the views from the parental perspective. They are a vital part of our team and I hope that there are parents willing to give their time and commitment to this important role. The local governing board meets seven times per year. Meetings are held for 2 hours between 6pm-8pm on Wednesdays.

Being a governor allows you to see things from the school's perspective and see how the school is managed. You would also gain an in-depth understanding of how decisions are made, while playing an integral part in deciding what happens within the school. You will also have the opportunity to develop your skills, both personally and professionally, gaining experience in the following areas:

- Strategic planning
- Experience on a board
- Holding senior leaders to account
- Finance, and maintaining oversight of school budgets
- Human resources and performance management
- Project management
- Marketing
- Communication and teamwork
- Decision making

Do I need any qualifications to apply?

There are no formal qualifications - volunteers are needed with experience of life. However, we would be especially interested to hear from you if you have experience in **Finance**.

The one essential requirement is an interest in, and commitment to, the education of children. Governors are ordinary people, drawn from many areas of society. They need to be able to devote time to getting to know the school well and be available to support and challenge it. A governor must be a good listener, and someone who is able to read and take in information easily.

A governor must be able to:

- raise questions and take part in discussion and decision-making
- be **discreet**, open minded and fair
- be a source of ideas and a good communicator
- be enthusiastic about the work of the school
- be prepared to work as part of a team.

Whilst schools are keen to welcome applications from all areas of society, there are certain criteria that have to be met before your application can be accepted. More information can be found in Appendix 1B.

How long do local governors serve?

The usual term of office is four years. However, local governors are volunteers who can leave at any time and can similarly be re-appointed or re-elected.

Is there any support available?

A great deal of professional advice and support is available to help local governors with their duties and responsibilities, along with training available from DCAT, the Diocese and The Key.

Interested?

We would welcome the opportunity to discuss the role and answer any questions or concerns you have. Please contact the clerk to the local governing body, Cody Pevreall via email cpevreall@lanesendprimary.co.uk so we can arrange for you to meet with the chair of the local governing body.

If you would like to apply please complete the attached declaration form (Appendix 1B) and application form. Should we receive a number of applications then an election for the post may need to be held. We will keep you informed if this is necessary.

The closing date for applications is Friday 27th September.

Yours faithfully,

Vickie Sutton
Headteacher

Jo Hunter
Chair of Local Governing Body

Maths with Dee is back at Lanesend

<p>Multiply</p> <p>Free, informal Maths support for parents and carers at Lanesend Primary School</p> <p>From the Isle of Wight Adult Community Learning Team</p>	
<p>Brush up on your maths skills and increase your confidence</p> <p>Support the kids with their homework</p> <p>Friendly, supportive tutor</p> <p>Work at your own pace and at your own level</p> <p>**Sessions start again on September 17th!**</p> <p>Tuesday mornings 9am-10am</p> <p>No need to book.</p> <p><i>New learners always welcome – why not drop in and find out more about how the Multiply programme can help you?</i></p>	
<p>Please contact the school office or call Dee at Community Learning (01983 817280) for more details.</p>	

16 - We are so pleased to have Dee back on a Tuesday at 9am for Maths with Dee. This is free and all families, just pop along!
Thank you.

Community News and Events



GIRLS FOOTBALL DEVELOPMENT CENTRE

BOOKING NOW OPEN!

- Session 1: Years 4-6
- Session 2: Years 7-9

BLOCK 1: SEPT/OCT WEDNESDAYS 5PM-6PM
Cowes Enterprise College (3G pitch)
Crossfield Ave, Cowes PO31 8HB

DETAILS

- Football boots & shin pads compulsory
- £30 for all six 1-hour sessions
 - financial assistance available if required (please contact us directly)

TO BOOK



<https://ucanplay.classforkids.io>

UCanPlay
ucanplay_sports

For more information contact us at:
info@ucanplay.org www.ucanplay.org



Carisbrooke College
ASPIRE AND ACHIEVE

Year 6 Open Evening

Tuesday 1 October
5.00 - 8.00 pm

Please join us for

- a short presentation, repeated at 5.15 and 6.15 pm
- tours of the school
- opportunities to meet staff (including SEND) and current students
- Subject demonstrations

www.carisbrooke.iow.sch.uk



Family-friendly cycle ride celebrating the joy of two wheels

Under 16s
must be accompanied
by an adult

Join the **Kidical Mass**

Bike Ride

Yaverland Car Park, Sandown, PO36 8QB

Sunday 22 September 2024

10.30am for 11am

Get on your
bike and
campaign for
safer streets



WORLD
CAR
FREE
DAY

Wear bright colours, be loud and show the world how our streets can be for everyone - especially children and other vulnerable users.



Organised by CycleWight, the Isle of Wight's cycle advocacy group. Find out more at cyclewight.org.uk

Isle of Wight
foodbank
MONTHLY CLOTHING SALE

SATURDAY
5TH OCTOBER
10am - 12pm



Cuppa, Cake and Tombola

Foodbank HQ, Love Lane, Cowes,
www.isleofwight.foodbank.org.uk
01983 292040





Coles Community
PANTRY

Unit 1 Seaways
 Seaview Road
 Cowes
 PO31 7US

Tuesday's 10.00 - 12.00
 Thursday's 17.00 - 18.00
 Saturday's 17.00 - 18.00

PAY £5 FOR £15 WORTH OF FOOD

www.IOWPantries.org
 email: iwpantries@gmail.com
 facebook.com/IOWPantry




THE BAY CE SCHOOL
 Believe. Inspire. Excel

Year 7 Open Evening
 Thursday 3rd October 2024, 5.00-7.30pm

Presentation at 5.00pm and 6.00pm followed by tours of the Secondary School
 Open Morning: Tuesday 8th October, 9.00-11.00am, please call to book an appointment.






Contact us for more information: Telephone: 01983 403284 Email: office@bayceschool.org Website: bayceschool.org

SANDOWN SUNDAY SOCCER



**INTRODUCING OUR
FUN FOOTBALL SESSION
AT THE BAY PRIMARY SCHOOL SANDOWN!**

OUR FUN SESSION WILL BE:

*Every Sunday 10am-12pm
at The Bay Primary School,
Winchester Park Road, Sandown.
£6 for the 2 hours per child.*

To Book: Text your child's
name, school, year group
and parent name
to **07594 389531**



Sandown Soccer - Isle of Wight





EXCITING NEWS!!

MINI MOOVERS

**RUNNING EVERY SUNDAY MORNING
9:30-10:30AM.
CAFE OPEN UNTIL 11:00!**

**FIRST CLASS STARTING ON
SUNDAY 22ND SEPTEMBER!**

£4 A CHILD

Build your little ones co-ordination, confidence strength, social and motor skills using our range of specialised parkour equipment, trampoline and bouncy floor.

Booking not required
Siblings under 12 welcome!

1 SAUNDERS DRIVE, SOMERTON INDUSTRIAL ESTATE, COWES, PO31 8HU



PARENT FITNESS MATTERS



CIRCUIT FITNESS CLASSES

TIME FOR YOUR HEALTH TO BE A PRIORITY!

Cowes Enterprise College @ 7.10 - 7.55pm Wednesdays & Gurnard Village Hall @ 8 - 8.45am Thursdays
Taster session for £4.50 and normal sessions from £6
Contact Us Today For More Details:
07757 334092
generationalhealthandfitness@outlook.com





Infant Feeding Stay & Play

Free Event!



**Sandown Family Hub
Playroom**
Thurs. 26th Sept 2024
12-2pm
Fairway, Sandown,
PO36 9EQ

An amazing opportunity to meet
Infant Feeding experts on the Island!

Free £10 shopping
voucher for all who
attend, fill out our
survey & complete
a feedback form!

Cake, biscuits and glitter tattoos free
on the day!

Come along and have a chat, have
your views heard and questions
answered

Infant Feeding experts will be available on the day from:
Barnardo's, Breastfeeding Network,
Solent NHS trust Health Visiting team, Dadzclub,
IOW NHS trust Maternity team

Find out more or request transport using the details below



familyinfohub.iow.gov.uk



[IWfamilyinfohub](https://www.facebook.com/IWfamilyinfohub)



rosie@aspireiow.org.uk

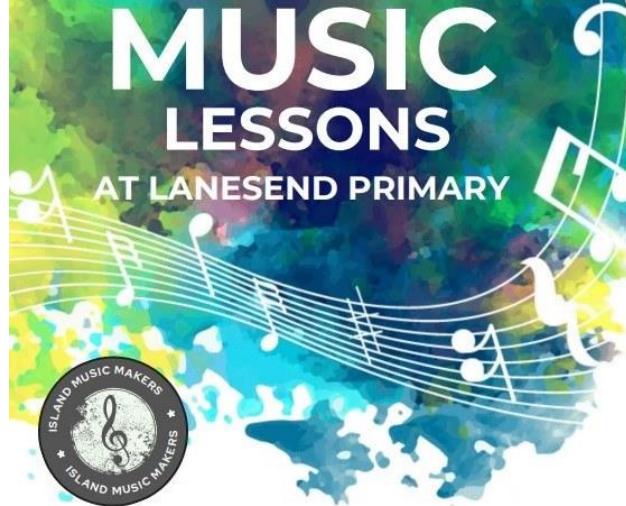
Ryde Academy Open Evening

October 9th
4:00pm - 7:00pm

Parent Presentations 5:00pm and 6:00pm



WWW.ISLANDMUSICMAKERS.CO.UK



**GUITAR - SONGWRITING
VOCAL COACHING - UKULELE**

Student led lessons - They pick the songs - They set the pace
Lessons take place during school time - 30 minute sessions
Price per lesson:: £17.50 one-to-one / £12 each for groups of 2-3
Email now to book your child's place for September 2024!
✉ islandmusicmakers@gmail.com f islandmusicmakers ☎ 07868651050

Enchanted Eras

LIVE IN CONCERT



Tuesday 29th October
2-3pm
FUBAR, 74 Union St, Ryde

£1
PER TICKET

WELCOME THE NEWEST MEMBER OF OUR FAMILY
WITH A LIVE SINGALONG PERFORMANCE, MEET AND
GREET & FREE GIFT!

BOOK YOUR TICKETS AT
WWW.TICKETSOURCE.CO.UK/ENCHANTEDISLEUK

THE ISLE OF WIGHTS

adult epilepsy hub

THE HUB IS A
SAFE SPACE TO
MEET OTHER
ADULTS LIVING
WITH EPILEPSY -
TO CHAT, SHARE
EXPERIENCES
AND HAVE
PRACTICAL &
EMOTIONAL
SUPPORT



independent arts
48 high street
newport
po30 1se

TO FIND OUT MORE,
CONTACT EITHER ANDY
DALY OR CAROLINE
HARRISON

ANDY:
07976636487

CAROLINE: 07808860952

FRIDAY 20TH SEPTEMBER
@ 3.30 - 5PM

SLEEPEE TEEPEES



ISLE OF WIGHT

PACKAGES FROM
£35



INDOOR SLEEPOVER SPECIALIST



**OVER 20 THEMES
AWARD WINNING BUSINESS
FREE ISLANDWIDE DELIVERY
OVER 150 ★★★★★ REVIEWS**

SLEEPEETEPEESI@YAHOO.COM
07968828137

BOOK NOW

Green Time Walk Your Way to Health

The Natural Way to Good Emotional Wellbeing and Mental Health

Green Time Walk

Sunday 15th August 2024

Merstone Community Orchard and Railway Station

2pm to 5pm

Meeting Point: Merstone Old Railway Station PO30 3DQ

Free Car Parking – Route 2 Bus Stops at Station

Mental Health Alliance
Isle of Wight



Redway Loop - Easy Circular Walk 3.2 miles – 5km, 289 Kcal, 6,900 Steps

Join Mark at the far end of the car park at picnic tables just past the station platform to explore and learn all about the Community Orchard and heritage of the old railway station. The Community Orchard is home to a range of wildflowers, fruit trees and the blossom also provides a great source of early nectar.

Mark will guide you on a beautiful circular walk initially taking the country lane and woodland pathway to Redway. You will walk across the country fields to Horrington and return back on the hard-packed cycle track, the old railway line to Merstone Old Railway Station and Community Orchard.

Pushchair, child buggy, mobility scooter or wheelchair alternative walk along the hard-packed cycle track, the old railway line to Horrington, where you will meet the group members walking on the circular walk to return all together.

You may find apples to be picked at the Community Orchard and blackberries to pick on route, remember to bring something to put these seasonal wild fruits in. Please bring your own snacks to eat, hot water will be provided to make yourself a drink at the end of the walk.

Please wear trainers or other walking shoes/boots and clothing suitable for the weather. This walk is open to children accompanied by parents, young people and adults, with no upper age limit. Dogs are also very welcome but must be kept on a lead at all times.

Green Time is a fun, informal way by using the great outdoors to enhance positive emotional wellbeing, self-confidence, self-esteem and mental health.

0785 - 485 - 2518 Text or Call Mark
Today To Book A Place!



Green Time

- ✓ Physical Exercise
- ✓ Creative Activities
- ✓ Food & Health
- ✓ Emotional Wellbeing
- ✓ Mental Health



For more info visit our website
www.equalsiw.org.uk



**St Catherine's Church
Ventnor
10.30am - 1.30pm**

Really Useful Thursdays Drop In And Chat

- Support sessions for anyone of any age and in any circumstance
- A safe environment to access support and advice or simply for a chat
- Signposting to other organisations
- Mayor's Surgery Drop-in

**free refreshments
free lunch served
from 12 midday**



September 5th
October 3rd
November 7th
December 5th
2024

Organisations often include:



further info: catherine@ventnortowncouncil.org.uk



Thursday Kitchen

Free hot lunch for everyone



**Every Thursday 12 to 1:30pm
at St Catherine's Church Ventnor**

Everyone welcome

Cuppa and cake Tue to Fri 10:30am to 12:30pm



Supported by St Catherine's Church & Ventnor Town Council



Mini Rockets Pre-School Sessions (Parent and Gymnast)

Tuesday Mornings (ages 1 ½ to 4 ½)

09:30 – 10:15

10:25 – 11:10

**Sea Cadets Cowes,
Whitegates, Arctic Road, Cowes, PO31 7PG**

£22.50 per Child for a 5 Week Booking

Please Wear Suitable Clothing (Leotard / Shorts & T-shirt)

HOW TO BOOK

Please go to <https://little-rockets.class4kids.co.uk> to book your place on line.

If there are any queries please contact Christy on 07518 335319
Thank you ☺



**Little Rockets Gymnastics &
Trampoline Classes - Coves
(Term Time)**

Tuesday Evenings (ages 4 to 16)

Beginners 16:00 - 17:00

Beginners 17:05 - 18:05

Intermediate 18:10 - 19:10

Wednesday Evenings (ages 4 to 16)

Beginners 16:00 - 17:00

Beginners 17:05 - 18:05

Intermediate 18:10 - 19:10

**Sea Cadets Coves,
Whitegates, Arctic Road, Coves, PO31 7PG**

£28 per Child for a 5 Week Booking

Please Wear Suitable Clothing (Leotard / Shorts & T-shirt and
Socks)

HOW TO BOOK

Please go to <https://little-rockets.class4kids.co.uk> to book
your place on line.

If there are any queries please contact Christy on 07518 335319
Thank you ☺

Squirrels

Seeking bright
eyed and bushy
tailed new
recruits

Come and join 2nd Cowes Squirrels at our HQ in Smithards Lane, Cowes,
Wednesday 25th September 5.15-6.15pm for
4 - 6 year olds.

This is an age when minds are fizzing, when energy and curiosity levels are sky high, when little lives are full of wow and wonder.

We also need adult volunteers to make this happen. Can you spare an hour a week to help shape the young minds of the future?



www.scouts.org.uk
07807729370

#SkillsForLife

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ISORROPIA OPEN DAY!

isorropi
foundation

Join us for an exciting free session to learn about Isorropia Foundation and how we're helping islanders enhance their mental wellbeing. Don't miss this opportunity to explore the support we offer!

What is it?

A supportive session where you can explore how Isorropia can assist you or others in mastering mental wellbeing. We're here to answer all your questions and guide you every step of the way.

Who is it for?

Everyone! Whether for yourself, a loved one, or as a professional, come and learn more about Isorropia.

Pre-Enrolment Opportunity

Wellbeing Coaches will be available for pre-enrolment immediately after the information session.

01983 217791

Medina Valley Centre, Dodnor
Lane, Newport, PO30 5TE

Monday the 4th of November,
from 1pm - 2pm



APPLY NOW FOR 2025

COWES
ENTERPRISE COLLEGE
AN ORMISTON ACADEMY

Educate for life

Be inclusive | Anyone can excel Share what is best | Enjoy the challenge

We are delighted to announce that we will be holding an Open Month for Year 6 to Year 7 admissions from Monday 30th September until Friday 25th October.

Our Open Month replaces an Open Evening and we are excited to show you around our fantastic school, giving you a first-hand experience of what it is like to be a pupil at Cowes Enterprise College.

Rather than a formal talk, we offer 45-minute tours which take place after the school day. These are led by a member of the Senior Leadership Team who will show you around our building, where you may have the opportunity to witness a selection of the enrichment activities we offer. We will also be pleased to answer any questions you may have.

Additionally, we're thrilled to invite you to experience the vibrant atmosphere of our school firsthand on the mornings of Monday 30th September and Monday 7th October.

If you wish to visit the academy for a tour please call 01983 203103.



Prospectus Promotional Video

T: 01983 203103 | E: info@cowesec.org
www.cowesec.org





Space 4 U

Out-of-hours drop-in and one-to-one support for young people aged 11-17* living on the Isle of Wight, and experiencing crisis and difficulties with their mental health.

*Up to age 18 with additional needs

We offer face-to-face, online, telephone and open-access drop-in sessions for you to talk to someone in confidence about anything you may be going through.



- Access support face-to-face, online or over the phone
- Signposting and referring you to other sources of support, to enable you to reduce the crisis in your life
- Emotional and practical support in a safe space Help to explore your current situation
- Learn self-management techniques

Monday's
Drop-in session
5-6pm
one-to-one sessions
6-7.30pm
(by appointment only)

East Newport Family Centre
Furrlongs
Newport
PO30 2AX

Tuesday's
Drop-in session
4-5pm
One-to-One sessions
5-6.30pm
(by appointment only)

Sandown Family Centre
98 The Fairway
Sandown
PO36 9EQ

Further Support



Scan here to find
out more about
Safe Haven



Scan here to find
out more about
our Advice Centre



@nolimitshelp

nolimitshelp.org.uk

02380 224 224 | 07741 665 182

enquiries@nolimitshelp.org.uk