



Sciurus Novus 23.09.2024



Dear Families

We have had a busy week in school this week with the start of our 'Enrichment Clubs'. The children have loved taking part in these and it is so lovely to be able to see the children enjoying these opportunities and learning new skills from Irish Dancing, Art with 'Easel Peasels', Ballet through to roller-skating! We will soon be sending home information about Dance Live 2025 for Years 4, 5 and 6. We are so excited to be able to offer this trip again this year and will be running the rehearsals as an after school club on a Tuesday. More information will come home in the next few days regarding signing up, rehearsals and costs.

Yesterday, our Year 5 and 6 boys Football team played their first game of the season against Queensgate Primary School. We are so proud of their team work, hard work and resilience during the match. They showed true Lanesend spirit. Thank you Mrs. Westbrook and Miss Squibb for taking the children to take part. Well done Team Lanesend!

This week, we welcomed families back in to our celebration assemblies to watch their children receive celebration awards around our values; Pride, Belonging, Respect. Please see all the fabulous pictures of the children receiving awards this week below. Thank you to all the families who came to watch this week. We will be sending in app messages on Arbor from the office each week to let you know if your child is receiving an award so please ensure you check these regularly. Thank you.

Thank you for the many responses to our questionnaire on shoes, lunches and our relaunched LEAF (Lanesend Active Families - PTA). We will keep this open until Thursday 26th and feedback on Friday. The link is [here](#).

On the subject of Arbor, if you have any monies on Arbor in your meals account and would like these moved to your wraparound care pot, please contact the office on admin@lanesendprimary.co.uk and we can move these across for you.

From next week Wednesday, we begin inviting our current Reception families into school to join Mrs. Domoney for some sessions about our phonics scheme 'Little Wandle'. These are open sessions every Wednesday 3.15pm-4pm - no need to book, just pop along.

Finally, there are two opportunities to support our wonderful school: as a parent governor and as a member of our relaunched PTA. Please see later in the newsletter for information about applying to become a governor. Our first PTA meeting will take place on Thursday 26th, 8:45 - 9:30, the most popular time for those parents/carers who would like to join. Please do come along if you can!

We hope you had a lovely weekend and are looking forward to the week ahead!

Best wishes

Mrs Sutton

Celebrations in School



It was so lovely to have families in this week to celebrate our children receiving their awards in our Celebration Assembly. These are now set with our values in mind - Pride, Belonging and Respect.



1 - Here are our Reception and KS1 celebration award children from today. Well done all!



2 - Elvis, Griffyn and Alana with their amazing celebration certificates



3 - Sebastian, Lily and Michael with their Year 4 celebration certificates



4 - Violet, Binky and Colton with their Year 5 awards



5 - Jacob, Kione and Violet celebrating their achievements



6 - Aurora, Dylan, Daisy and Jacob celebrating excellence in Year 6 this week. Well done.



7 - Marnie, Alys and Boe with their Year 4 celebration certificates



8 - Well done Jemima for receiving the Ladybird gold token this week for fabulous learning behaviours and amazing team player skills. We are exceptionally proud of you!



9 - Hunter has impressed me so much this week. He deserves his gold token for always being ready to listen and learn. Well done Hunter.



10 - Jacob in Dragonflies class received a Golden Token today for his excellent 'meeter greeter' introduction to his class for a recent visitor. Well done Jake.



11 - Layla in Magpie class received a Golden Token today for explaining so well what her class were doing to a visitor we had.
Fantastic meeter greeter skills!

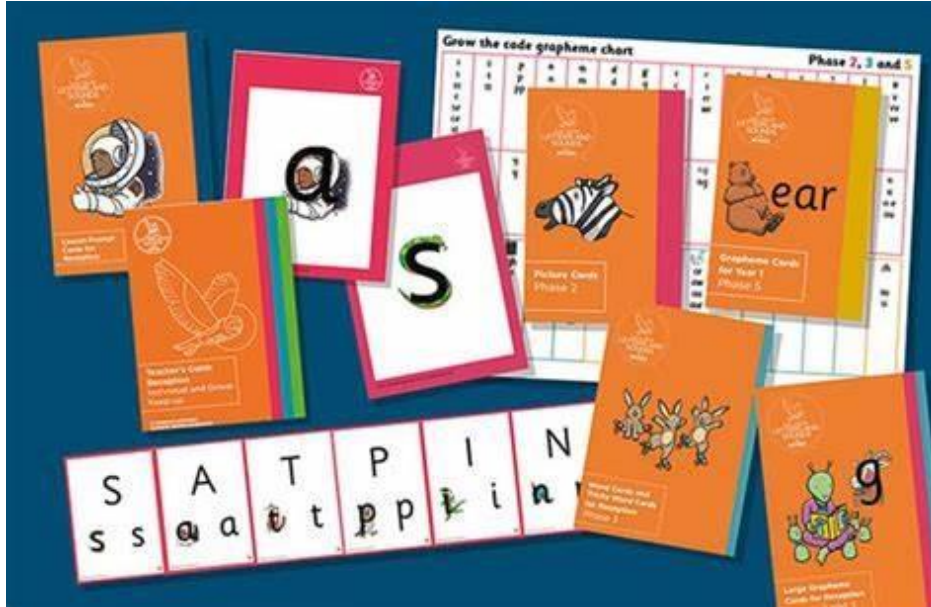


12 - Henry in Deer class also received a Golden Token today for introducing his class and their work with such confidence. We were so proud! Well done.



13 - Our Year 5 and 6 boys Football Team at the U11 Pokémon Cup at Queensgate Primary. Well done Team! Thank you Mrs. Westbrook and Miss Squibb for taking the children. Fab!

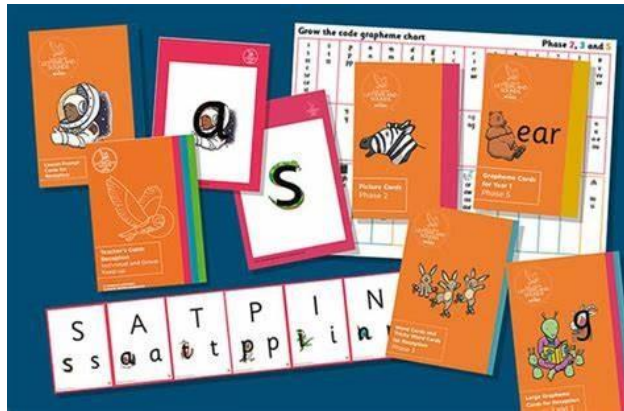
Wandling on a Wednesday - Reception Families



We would love to invite our current Reception families into school to join Mrs Domoney for some sessions about our phonics scheme 'Little Wandle'. These are open sessions with no need to book, just pop along!

Wandling on a Wednesday – open session, all are welcome in school starting next Wednesday with Mrs Domoney 3.15pm-4pm





Important - Attendance Update

Working Together to Improve School Attendance

Here is an overview of the changes to the way schools and local councils are working to improve school attendance:

Being in school and having the best attendance possible underpins all the many benefits of school for your child, such as their learning, wellbeing and wider development. For some children, attending school every day will be harder than for others. This is why schools and local councils are committed to working together with families to solve problems and support your child's school attendance.

New guidance to schools and local councils mean that children will be better supported to be in school and attend regularly.

The Department for Education has amended the framework for the issuing of penalty notices in relation to unauthorised absence. Whilst it is expected that schools support families, if the support is not engaged with, schools will be able to apply for penalty notices to be issued to families for unauthorised absence. This may be due to children arriving significantly late to school, schools not being informed of the reasons for a child being absent, or schools not agreeing with the reason for the absence. In the event of unauthorised holidays in term time, the support element would not be offered.

In addition, the cost of Truancy Penalty Notices is rising to £160 per parent, per child (reduced to £80 if paid within 21 days for a first incidence). If a second penalty notice is issued within a rolling three-year period the notice will be at the £160 rate. No penalty notice will be issued for a third time. In that event the absence would be considered for prosecution.

For more details please click [here](#).

At Lanesend Primary, we have updated our policy to reflect the new legislation and guidance. We have included rewards around attendance which we hope children will enjoy receiving. We will email this policy out separately via Arbor. Thank you.

Attendance Poster



**MOMENTS
MATTER.
ATTENDANCE
COUNTS.**

TRUANCYPENALTY NOTICES(TPNs) FOR SCHOOL ABSENCES ARE CHANGINGFROMSEPTEMBER

- Schools will offer support for families regarding absences.
- Cost of TPN's will increase.
- Escalation process for repeat absences .

Click the link or scan QR Code for further info.

[Changes to School Absences](#) – [The Education Hub \(blog.gov.uk\)](#))




Reminders for the week ahead




- **Year 6 Families** - Secondary School Applications have opened. Please apply for your year 6 child via the following link: [Transferring to Secondary School September 2025 \(iow.gov.uk\)](https://www.iow.gov.uk)
- Please email admin@lanesendprimary.co.uk - for all enquiries.
- We have the School Immunisation Team in school on Friday 27th September for our Flu Clinic. Please complete the following link for your child: <https://links.inhealthcare.co.uk/solent-iow-flu> . Your child's school code is: 141305 (Lanesend Primary School) Session Date: 27/09/24. Any questions please contact the School Immunisation Team on: **School Aged Immunisation Service – 0300 123 5074 Email: IOW.SAI@solent.nhs.uk**
- **Gentle reminder** - if your child needs an inhaler in school please remember to bring this in for Maddie so we can make them a pack for class.
- **Vaping** - We have received some complaints about vaping outside school near the Reception/Key Stage One area. Please could we kindly ask that you do not smoke or vape around the children. Many thanks for your understanding.


		WEEK 1				
Choose from...		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Sausage	BBQ Chicken Pizza	Roast Gammon	Chicken Balti	Cod in Batter	
	to go with	to go with	to go with	to go with	to go with	
	Baked Beans, Mashed Potatoes	Sweetcorn, Homemade Potato Wedges	Broccoli, Carrots, Roast Potatoes, Gravy	Herby Rice, Garlic & Cumin Onion Bean Salad, Mixed Salad	Baked Beans, Chips, Peas	
Vegetarian	Quorn Sausages	Home-made Pizza	Mac N Cheese	Vegetable Curry	Quorn Hotdog	
	to go with	to go with	to go with	to go with	to go with	
	Baked Beans, Mashed Potatoes	Sweetcorn, Homemade Potato Wedges	Broccoli, Carrots, Mixed Peas, Gravy	Herby Rice, Garlic & Cumin Onion Bean Salad, Mixed Salad	Baked Beans, Chips, Peas	
Combo	Pasta	Jacket Potato	Pasta	Wrap	Jacket Potato	
	to go with	to go with	to go with	to go with	to go with	
	Mixed Veg with choice of fillings Homemade Tomato & Basil Sauce	Sweetcorn Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Mixed Veg with choice of fillings Homemade Tomato & Basil Sauce	Herby Rice, Mixed Salad Grated Cheese, Rice Salad, Tuna Mayo	Sweetcorn with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	
Homemade Biscuits	Chocolate & Banana Cake	Butterscotch Angel Delight	Banana Flapjack	Fresh Fruit Salad		
and to finish!	Fresh Fruit Pao, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pao, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pao, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pao, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pao, Yoghurt, Cheese and Biscuits, Jelly	

14 - Week commencing 23.09.2024 we are on week 1 of the menu. Please book your child's meals from home on Relish. Thank you in advance.

School Aged Immunisation Service  Solent NHS Trust



Protect your family 


Prevent the spread of flu this winter

 **Flu Vaccine**

Children Year R - Year 11
(age 4 - 16)

School Session is on
27 / 9 / 24

 use the QR Code to **BOOK NOW** 

The School Code is:
141305 

NEED HELP?
Phone: 0300 123 5074
Email: IOW.SAI@solent.nhs.uk

15 - We have the School Immunisation Team in school on Friday 27th September for our Flu Clinic. Please complete the following link for your child: <https://links.inhealthcare.co.uk/solent-iow-flu>. Your child's school code is: 141305 (Lanesend Primary School) Session Date: 27/09/24. Any questions please contact the School Immunisation Team on: **School Aged Immunisation Service – 0300 123 5074 Email: IOW.SAI@solent.nhs.uk**

Become a Parent Governor at Lanesend



We would love to hear from you if you would like to join our dynamic Governor's team and become a Parent Governor! Please contact cpevreal@lanesendprimary.co.uk for more information or for an application form.

Dear Parents,

Vacancy for Parent Governor

We are writing to invite parents to apply for the vacancy we have on our local governing body for one parent. To be eligible to apply you must be a parent to a current pupil at Lanesend Primary School and over the age of 18.

What is involved?

Parent governors play a very important role in keeping the local governing body aware of the views from the parental perspective. They are a vital part of our team and I hope that there are parents willing to give their time and commitment to this important role. The local governing board meets seven times per year. Meetings are held for 2 hours between 6pm-8pm on Wednesdays.

Being a governor allows you to see things from the school's perspective and see how the school is managed. You would also gain an in-depth understanding of how decisions are made, while playing an integral part in deciding what happens within the school. You will also have the opportunity to develop your skills, both personally and professionally, gaining experience in the following areas:

- Strategic planning
- Experience on a board
- Holding senior leaders to account
- Finance, and maintaining oversight of school budgets
- Human resources and performance management
- Project management
- Marketing
- Communication and teamwork
- Decision making

Do I need any qualifications to apply?

There are no formal qualifications - volunteers are needed with experience of life. However, we would be especially interested to hear from you if you have experience in **Finance**.

The one essential requirement is an interest in, and commitment to, the education of children. Governors are ordinary people, drawn from many areas of society. They need to be able to devote time to getting to know the school well and be available to support and challenge it. A governor must be a good listener, and someone who is able to read and take in information easily.

A governor must be able to:

- raise questions and take part in discussion and decision-making
- be **discreet**, open minded and fair
- be a source of ideas and a good communicator
- be enthusiastic about the work of the school
- be prepared to work as part of a team.

Whilst schools are keen to welcome applications from all areas of society, there are certain criteria that have to be met before your application can be accepted. More information can be found in Appendix 1B.

How long do local governors serve?

The usual term of office is four years. However, local governors are volunteers who can leave at any time and can similarly be re-appointed or re-elected.

Is there any support available?

A great deal of professional advice and support is available to help local governors with their duties and responsibilities, along with training available from DCAT, the Diocese and The Key.

Interested?

We would welcome the opportunity to discuss the role and answer any questions or concerns you have. Please contact the clerk to the local governing body, Cody Pevreall via email cpvreal1@lanesendprimary.co.uk so we can arrange for you to meet with the chair of the local governing body.

If you would like to apply please complete the attached declaration form (Appendix 1B) and application form. Should we receive a number of applications then an election for the post may need to be held. We will keep you informed if this is necessary.

The closing date for applications is Friday 27th September.

Yours faithfully,

Vickie Sutton
Headteacher

Jo Hunter
Chair of Local Governing Body

Maths with Dee is back at Lanesend

<p>Multiply</p> <p>Free, informal Maths support for parents and carers at Lanesend Primary School</p> <p>From the Isle of Wight Adult Community Learning Team</p>	
<p>Brush up on your maths skills and increase your confidence</p> <p>Support the kids with their homework</p> <p>Friendly, supportive tutor</p> <p>Work at your own pace and at your own level</p> <p>**Sessions start again on September 17th!**</p> <p>Tuesday mornings 9am-10am</p> <p>No need to book.</p> <p><i>New learners always welcome – why not drop in and find out more about how the Multiply programme can help you?</i></p>	
<p>Please contact the school office or call Dee at Community Learning (01983 817280) for more details.</p>	

16 - We are so pleased to have Dee back on a Tuesday at 9am for Maths with Dee. This is free and all families, just pop along!
Thank you.

Community News and Events



GIRLS FOOTBALL DEVELOPMENT CENTRE

BOOKING NOW OPEN!

- Session 1: Years 4-6
- Session 2: Years 7-9

BLOCK 1: SEPT/OCT WEDNESDAYS 5PM-6PM
Cowes Enterprise College (3G pitch)
Crossfield Ave, Cowes PO31 8HB

DETAILS

- Football boots & shin pads compulsory
- £30 for all six 1-hour sessions
 - financial assistance available if required (please contact us directly)

TO BOOK



<https://ucanplay.classforkids.io>

UCanPlay
ucanplay_sports

For more information contact us at:
info@ucanplay.org www.ucanplay.org



Carisbrooke College
ASPIRE AND ACHIEVE

Year 6 Open Evening

Tuesday 1 October
5.00 - 8.00 pm

Please join us for

- a short presentation, repeated at 5.15 and 6.15 pm
- tours of the school
- opportunities to meet staff (including SEND) and current students
- Subject demonstrations

www.carisbrooke.iow.sch.uk



Family-friendly cycle ride celebrating the joy of two wheels

Under 16s must be accompanied by an adult

Join the Kidical Mass Bike Ride

Yaverland Car Park, Sandown, PO36 8QB

Sunday 22 September 2024

10.30am for 11am

Get on your bike and campaign for safer streets

WORLD CAR FREE DAY

Wear bright colours, be loud and show the world how our streets can be for everyone - especially children and other vulnerable users.

Organised by CycleWight, the Isle of Wight's cycle advocacy group. Find out more at cyclewight.org.uk

 Medina College
ASPIRE AND ACHIEVE

Year 6 Open Evening

Thursday 26 September
5.00 - 8.00 pm

We look forward to welcoming you to our school. Join us for:

- a short presentation - repeated at 5.15 and 6.15pm
- tours of the school
- an opportunity to meet key staff (including SEND) and current students
- demonstrations of our curriculum in action!





 www.medina.iow.sch.uk 

 HSP
HSP Skills Academy
Trust

Isle of Wight
foodbank
MONTHLY CLOTHING SALE

SATURDAY
5TH OCTOBER
10am - 12pm



Cuppa, Cake and Tombola

Foodbank HQ, Love Lane, Cowes,
www.isleofwight.foodbank.org.uk
01983 292040



FREE **RUGBY**



COACHING COURSES

**Free for Vectis RFC coaches
and Local Teachers**



**Kids First Tag - Wednesday 18th
September @ IWRFC Wootton**

**Kids First Contact
Wed 25th September & Wed 9th
October @ IWRFC Wootton**

Book online by clicking the links above
or go to <https://gms.rfu.com/GMS>
Local teachers can claim back the
cost of both courses by emailing
proof of purchase to
vectisrfctresurer@gmail.com





Coles Community
PANTRY

Unit 1 Seaways
 Seaview Road
 Cowes
 PO31 7US

Tuesday's 10.00 - 12.00
 Thursday's 17.00 - 18.00
 Saturday's 17.00 - 18.00

PAY £5 FOR £15 WORTH OF FOOD

www.IOWPantries.org
 email: iwpantries@gmail.com
 facebook.com/IOWPantry




THE BAY CE SCHOOL
 Believe. Inspire. Excel

Year 7 Open Evening
 Thursday 3rd October 2024, 5.00-7.30pm

Presentation at 5.00pm and 6.00pm followed by tours of the Secondary School
 Open Morning: Tuesday 8th October, 9.00-11.00am, please call to book an appointment.






Contact us for more information: Telephone: 01983 403284 Email: office@bayceschool.org Website: bayceschool.org

SANDOWN SUNDAY SOCCER



**INTRODUCING OUR
FUN FOOTBALL SESSION
AT THE BAY PRIMARY SCHOOL SANDOWN!**

OUR FUN SESSION WILL BE:

*Every Sunday 10am-12pm
at The Bay Primary School,
Winchester Park Road, Sandown.
£6 for the 2 hours per child.*

To Book: Text your child's
name, school, year group
and parent name
to **07594 389531**



Sandown Soccer - Isle of Wight





Infant Feeding Stay & Play

Free Event!

Please take part in our simple survey. Every response matters!



Sandown Family Hub Playroom
Thurs. 26th Sept 2024
12-2pm
Fairway, Sandown,
PO36 9EQ

Free £10 shopping voucher for all who attend, fill out our survey & complete a feedback form!

An amazing opportunity to meet Infant Feeding experts on the Island!

Cake, biscuits and glitter tattoos free on the day!

Come along and have a chat, have your views heard and questions answered

Infant Feeding experts will be available on the day from:
Barnardo's, Breastfeeding Network,
Solent NHS trust Health Visiting team, Dadzclub,
IOW NHS trust Maternity team

Find out more or request transport using the details below



familyinfohub.iow.gov.uk



[IWfamilyinfohub](https://www.facebook.com/IWfamilyinfohub)



rosie@aspireyde.org.uk



Royal Yacht Squadron
Isle of Wight Foundation

A MARITIME CAREERS FAIR

THURSDAY 26TH SEPTEMBER 2024

10:00 – 15:30 hrs

at the Royal Yacht Squadron

The Castle, The Parade, Cowes, Isle of Wight, PO31 7QT

Exhibitors will show the breadth of opportunity that is available within the Maritime Industries, from Shipping and Engineering to Photography and Sustainability. Hands-on simulators and demonstrations, yachts, RIBs and other workboats to explore.



Our current group of Foundation beneficiaries will be on hand to provide inspiration and information about their personal journey.

Admission by Registration in advance, or on the day www.rysfoundation.org.uk 01983 292191

Oceans of opportunity on land and sea



EXCITING NEWS!!

MINI MOOVERS

**RUNNING EVERY SUNDAY MORNING
9:30-10:30AM.
CAFE OPEN UNTIL 11:00!**

**FIRST CLASS STARTING ON
SUNDAY 22ND SEPTEMBER!**

£4 A CHILD

Build your little ones co-ordination, confidence strength, social and motor skills using our range of specialised parkour equipment, trampoline and bouncy floor.

Booking not required
Siblings under 12 welcome!

1 SAUNDERS DRIVE, SOMERTON INDUSTRIAL ESTATE, COWES, PO31 8HU



SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Supporting Kids with School Anxiety	26 SEP
Introduction to Facing Defiance	24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

Supporting a Child with ADHD



Challenge the stereotypes and get practical help

Tuesday 24th Sept (7pm to 9pm) £24

Available to book now
facefamilyadvice.co.uk



Ryde Academy Open Evening

October 9th
4:00pm - 7:00pm


Parent Presentations 5:00pm and 6:00pm



WWW.ISLANDMUSICMAKERS.CO.UK

MUSIC LESSONS

AT LANESEND PRIMARY



GUITAR - SONGWRITING
VOCAL COACHING - UKULELE

Student led lessons - They pick the songs - They set the pace
Lessons take place during school time - 30 minute sessions
Price per lesson: £17.50 one-to-one / £12 each for groups of 2-3
Email now to book your child's place for September 2024!
✉ islandmusicmakers@gmail.com f islandmusicmakers ☎ 07868651050

Enchanted Eras

LIVE IN CONCERT



Tuesday 29th October
2-3pm
FUBAR, 74 Union St, Ryde

£1
PER TICKET

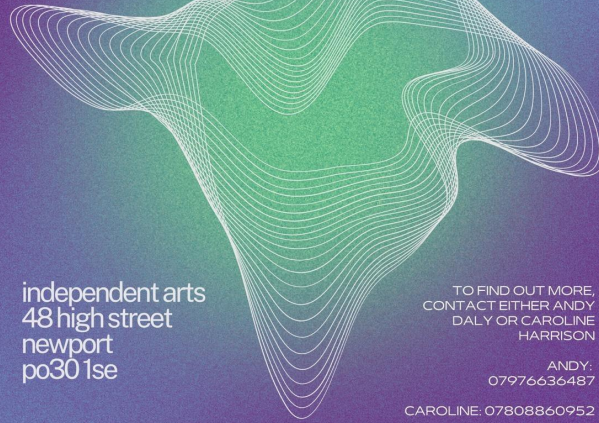
WELCOME THE NEWEST MEMBER OF OUR FAMILY
WITH A LIVE SINGALONG PERFORMANCE, MEET AND
GREET & FREE GIFT!

BOOK YOUR TICKETS AT
WWW.TICKETSOURCE.CO.UK/ENCHANTEDISLEUK

THE ISLE OF WIGHTS

adult epilepsy hub

THE HUB IS A
SAFE SPACE TO
MEET OTHER
ADULTS LIVING
WITH EPILEPSY -
TO CHAT, SHARE
EXPERIENCES
AND HAVE
PRACTICAL &
EMOTIONAL
SUPPORT



independent arts
48 high street
newport
po30 1se

TO FIND OUT MORE,
CONTACT EITHER ANDY
DALY OR CAROLINE
HARRISON

ANDY:
07976636487

CAROLINE: 07808860952

FRIDAY 20TH SEPTEMBER
@ 3.30 - 5PM

SLEEPEE TEEPEES



ISLE OF WIGHT

PACKAGES FROM
£35



INDOOR SLEEPOVER SPECIALIST



**OVER 20 THEMES
AWARD WINNING BUSINESS
FREE ISLANDWIDE DELIVERY
OVER 150 ★★★★★ REVIEWS**

SLEEPEETEPEESI@YAHOO.COM
07968828137

BOOK NOW

Green Time Walk Your Way to Health

The Natural Way to Good Emotional Wellbeing and Mental Health

Green Time Walk

Sunday 15th August 2024

Merstone Community Orchard and Railway Station

2pm to 5pm

Meeting Point: Merstone Old Railway Station PO30 3DQ

Free Car Parking – Route 2 Bus Stops at Station

Mental Health Alliance
Isle of Wight



Redway Loop - Easy Circular Walk 3.2 miles – 5km, 289 Kcal, 6,900 Steps

Join Mark at the far end of the car park at picnic tables just past the station platform to explore and learn all about the Community Orchard and heritage of the old railway station. The Community Orchard is home to a range of wildflowers, fruit trees and the blossom also provides a great source of early nectar.

Mark will guide you on a beautiful circular walk initially taking the country lane and woodland pathway to Redway. You will walk across the country fields to Horrington and return back on the hard-packed cycle track, the old railway line to Merstone Old Railway Station and Community Orchard.

Pushchair, child buggy, mobility scooter or wheelchair alternative walk along the hard-packed cycle track, the old railway line to Horrington, where you will meet the group members walking on the circular walk to return all together.

You may find apples to be picked at the Community Orchard and blackberries to pick on route, remember to bring something to put these seasonal wild fruits in. Please bring your own snacks to eat, hot water will be provided to make yourself a drink at the end of the walk.

Please wear trainers or other walking shoes/boots and clothing suitable for the weather. This walk is open to children accompanied by parents, young people and adults, with no upper age limit. Dogs are also very welcome but must be kept on a lead at all times.

Green Time is a fun, informal way by using the great outdoors to enhance positive emotional wellbeing, self-confidence, self-esteem and mental health.

0785 - 485 - 2518 Text or Call Mark
Today To Book A Place!



Green Time

- ✓ Physical Exercise
- ✓ Creative Activities
- ✓ Food & Health
- ✓ Emotional Wellbeing
- ✓ Mental Health



For more info visit our website
www.equalsiw.org.uk



**St Catherine's Church
Ventnor
10.30am - 1.30pm**

Really Useful Thursdays Drop In And Chat

- Support sessions for anyone of any age and in any circumstance
- A safe environment to access support and advice or simply for a chat
- Signposting to other organisations
- Mayor's Surgery Drop-in

**free refreshments
free lunch served
from 12 midday**



September 5th
October 3rd
November 7th
December 5th
2024

Organisations often include:



[further info: catherine@ventnortowncouncil.org.uk](mailto:catherine@ventnortowncouncil.org.uk)



Thursday Kitchen

Free hot lunch for everyone



**Every Thursday 12 to 1:30pm
at St Catherine's Church Ventnor**

Everyone welcome

Cuppa and cake Tue to Fri 10:30am to 12:30pm



Supported by St Catherine's Church & Ventnor Town Council



Mini Rockets Pre-School Sessions (Parent and Gymnast)

Tuesday Mornings (ages 1 ½ to 4 ½)

09:30 – 10:15

10:25 – 11:10

**Sea Cadets Cowes,
Whitegates, Arctic Road, Cowes, PO31 7PG**

£22.50 per Child for a 5 Week Booking

Please Wear Suitable Clothing (Leotard / Shorts & T-shirt)

HOW TO BOOK

Please go to <https://little-rockets.class4kids.co.uk> to book your place on line.

If there are any queries please contact Christy on 07518 335319
Thank you ☺



**Little Rockets Gymnastics &
Trampoline Classes - Coves
(Term Time)**

Tuesday Evenings (ages 4 to 16)
Beginners 16:00 - 17:00
Beginners 17:05 - 18:05
Intermediate 18:10 - 19:10

Wednesday Evenings (ages 4 to 16)
Beginners 16:00 - 17:00
Beginners 17:05 - 18:05
Intermediate 18:10 - 19:10

**Sea Cadets Coves,
Whitegates, Arctic Road, Coves, PO31 7PG**

£28 per Child for a 5 Week Booking

Please Wear Suitable Clothing (Leotard / Shorts & T-shirt and
Socks)

HOW TO BOOK

Please go to <https://little-rockets.class4kids.co.uk> to book
your place on line.

If there are any queries please contact Christy on 07518 335319
Thank you ☺

Squirrels

Seeking bright
eyed and bushy
tailed new
recruits

Come and join 2nd Cowes Squirrels at our HQ in Smithards Lane, Cowes,

Wednesday 25th September 5.15-6.15pm for 4 - 6 year olds.

This is an age when minds are fizzing, when energy and curiosity levels are sky high, when little lives are full of wow and wonder.

We also need adult volunteers to make this happen. Can you spare an hour a week to help shape the young minds of the future?



www.scouts.org.uk
07807729370

#SkillsForLife

Copyright © 2021 Scouts Registered Charity numbers 206101 (England and Wales) and SC038437 (Scotland). Photography by Tom Hull.



ISORROPIA OPEN DAY!

isorropi
foundation

Join us for an exciting free session to learn about Isorropia Foundation and how we're helping islanders enhance their mental wellbeing. Don't miss this opportunity to explore the support we offer!

What is it?

A supportive session where you can explore how Isorropia can assist you or others in mastering mental wellbeing. We're here to answer all your questions and guide you every step of the way.

Who is it for?

Everyone! Whether for yourself, a loved one, or as a professional, come and learn more about Isorropia.

Pre-Enrolment Opportunity

Wellbeing Coaches will be available for pre-enrolment immediately after the information session.

01983 217791

Medina Valley Centre, Dodnor Lane, Newport, PO30 5TE

Monday the 4th of November, from 1pm - 2pm

